

Job Description for Clinical Dietitian

Department:	Dietary
Dept.#:	8340
Last Updated:	10/30/07

Job Summary

The Clinical Dietitian performs a variety of specialized duties related to the receipt, interpretation and implementation of patient diet orders.

Duties

- 1. Keeps lines of communication open between Medical Staff and Dietary Department. Meets with Medical Advisor to discuss physician's issues and medical/nutrition-related projects
- 2. Interprets physician diet orders and modifies diet according to diet patterns and patient preferences
- 3. Interviews patients assigned and document pertinent information on the appropriate nutrition documentation forms (refer to Clinical Support section)
- 4. Instructs patients in diet principles and restrictions per physician diet order and documents pertinent information
- 5. Provides substitutions if patient is unable to eat the meal provided, in accordance with diet restrictions
- 6. Plans between-meal nourishments for patients as necessary
- 7. Relates information on assigned patients to food production staff and Diet Aide. This information is documented on the patient's nutrition profile in the computer
- 8. Completes daily calorie counts when ordered or initiated
- 9. Completes a nutritional assessment on patients receiving a tube feeding or parenteral nutrition
- 10. Computes nutritional value of recipes when necessary
- 11. Completes diet histories for nutritional assessment on specific patients
- 12. Evaluates appropriateness of diet order for diagnosis and recommends diet order changes as indicated
- 13. Maintains updated and necessary patient education materials and nutrition references and textbooks
- 14. Plans, coordinates and implements the department's Quality Assurance Program
- 15. Participates in the development of policies and programs directed toward patient and family education
- 16. Assists in National Nutrition Education Week projects
- 17. Participates in department and implementation educational programs and meets the mandatory in-service requirement in utilities management, infection control, safety and blood-borne pathogens
- 18. Directs Diet Aides in daily duties and offers in-service education
- 19. Participates in patient care plan meetings, support groups as requested or deemed necessary, and Dietary Department management meetings

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Qualifications

- 1. A Batchelor's Degree or advanced degree from an accredited institution with a major in foods and nutrition preferred
- 2. Current Cardiopulmonary Resuscitation Certification (CPR)
- 3. The Clinical Dietitian must have completed an internship in a hospital offering dietetic internship approved by the American Dietetic Association or have had equivalent approved experience
- 4. The Clinical Dietitian must be a member of the American Dietetic Association with current registration

Lifting Requirements

The light category requires that an employee be able to lift a maximum of 20 pounds and frequently lift and/or carry objects weighing up to 10 pounds.